

Norfolk County Council Adult Learning - Helath & Wellbeing

To book one of these courses, or for more information, visit www.norfolk.gov.uk/adultlearning and search for the course code
Fees may be applicable for some of these courses, hower funding and other support may be available, please check the website for details.

| Course Code | Course Title | Start Date | End Date | Start Time | End Time | Day(s) | Venue |
|-------------|---|------------|------------|------------|----------|---------|-----------------------------|
| PF3N01223P | Level 3 Award in Paediatric First Aid | 10/01/2024 | 11/01/2024 | 6:00 PM | 9:00 PM | Wed Thu | Sewell Park Academy |
| FLEBO0323P | Healthy Food & Mind | 15/01/2024 | 12/02/2024 | 12:45 PM | 2:45 PM | Mon | Online Course |
| FLEBO0823P | Self Care for Parents & Carers | 15/01/2024 | 12/02/2024 | 9:30 AM | 11:30 AM | Mon | Online Course |
| FLEBO0423P | Helping Your Child Manage Anxiety | 16/01/2024 | 13/02/2024 | 9:30 AM | 11:30 AM | Tue | Online Course |
| FLEBN0823P | Family Cooking Skills | 16/01/2024 | 13/02/2024 | 9:15 AM | 10:45 AM | Tue | Lakenham Primary School |
| PF3B00423P | Level 3 Award in Paediatric First Aid | 16/01/2024 | 17/01/2024 | 6:00 PM | 9:00 PM | Tue Wed | Thetford Library |
| FLEBB0423P | Creating Happy Confident Children | 18/01/2024 | 18/01/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB0523P | Creating Happy Confident Children | 18/01/2024 | 18/01/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| PF3N01323P | Level 3 Award in Paediatric First Aid | 19/01/2024 | 19/01/2024 | 9:30 AM | 4:30 PM | Fri | Sprowston Diamond Centre |
| PF3N01123P | Level 3 Award in Paediatric First Aid | 20/01/2024 | 20/01/2024 | 9:15 AM | 4:15 PM | Sat | Sewell Park Academy |
| FLEBN0223P | Family First Aid Awareness | 22/01/2024 | 22/01/2024 | 10:00 AM | 12:00 PM | Mon | Hellesdon Library |
| FLEBN0323P | Family First Aid Awareness | 22/01/2024 | 22/01/2024 | 1:00 PM | 3:00 PM | Mon | Taverham Library |
| PF3N01423P | Level 3 Award in Paediatric First Aid | 23/01/2024 | 24/01/2024 | 6:00 PM | 9:00 PM | Tue Wed | Sewell Park Academy |
| FLEBB0623P | Creating Happy Confident Children - Embracing Our Differences | 25/01/2024 | 25/01/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB0723P | Creating Happy Confident Children - Embracing Our Differences | 25/01/2024 | 25/01/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| PF3T00323P | Level 3 Award in Paediatric First Aid | 30/01/2024 | 31/01/2024 | 6:00 PM | 9:00 PM | Tue Wed | Merchant's Place Cromer |
| FLEBB0823P | Creating Happy Confident Children - Everybody Worries | 01/02/2024 | 01/02/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB0923P | Creating Happy Confident Children - Everybody Worries | 01/02/2024 | 01/02/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| FLEBS0123P | Family First Aid Awareness | 01/02/2024 | 01/02/2024 | 10:00 AM | 12:00 PM | Thu | Poringland Library |
| FLEBS0223P | Family First Aid Awareness | 01/02/2024 | 01/02/2024 | 1:00 PM | 3:00 PM | Thu | Long Stratton Library |
| FLEBO0523P | Understanding Your Child's Behaviour | 02/02/2024 | 02/02/2024 | 9:30 AM | 11:30 AM | Fri | Online Course |
| FLEBN0623P | Family First Aid Awareness | 02/02/2024 | 02/02/2024 | 10:00 AM | 12:00 PM | Fri | Plumstead Road Library |
| FLEBN0723P | Family First Aid Awareness | 02/02/2024 | 02/02/2024 | 1:00 PM | 3:00 PM | Fri | Mile Cross Library |
| PF3N01523P | Level 3 Award in Paediatric First Aid | 02/02/2024 | 02/02/2024 | 9:30 AM | 4:30 PM | Fri | Sprowston Diamond Centre |
| FLEBB0223P | Family First Aid Awareness | 05/02/2024 | 05/02/2024 | 4:45 PM | 6:45 PM | Mon | Watton Library |
| FLEBB0323P | Family First Aid Awareness | 05/02/2024 | 05/02/2024 | 1:00 PM | 3:00 PM | Mon | Dereham Library |
| FLEBT0423P | Family First Aid Awareness | 05/02/2024 | 05/02/2024 | 10:00 AM | 12:00 PM | Mon | Holt Library |
| FLEBT0523P | Family First Aid Awareness | 05/02/2024 | 05/02/2024 | 1:00 PM | 3:00 PM | Mon | Merchant's Place Cromer |
| FLEBT0723P | Family First Aid Awareness | 06/02/2024 | 06/02/2024 | 1:00 PM | 3:00 PM | Tue | Cromer Library |
| FLEBW0123P | Family First Aid Awareness | 07/02/2024 | 07/02/2024 | 10:00 AM | 12:00 PM | Wed | King's Lynn Library |
| FLEBB1023P | Creating Happy Confident Children - The Challenge of Change | 08/02/2024 | 08/02/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB1123P | Creating Happy Confident Children - The Challenge of Change | 08/02/2024 | 08/02/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| FLEBO0623P | Creating Good Eaters | 09/02/2024 | 09/02/2024 | 9:30 AM | 11:00 AM | Fri | Online Course |
| PF3B00523P | Level 3 Award in Paediatric First Aid | 10/02/2024 | 10/02/2024 | 8:45 AM | 3:45 PM | Sat | Dereham Library |
| PF3N01623P | Level 3 Award in Paediatric First Aid | 10/02/2024 | 10/02/2024 | 9:15 AM | 4:15 PM | Sat | Sewell Park Academy |
| FLEBB1223P | Creating Happy Confident Children - Exploring Emotions | 15/02/2024 | 15/02/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB1323P | Creating Happy Confident Children - Exploring Emotions | 15/02/2024 | 15/02/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| FLEBO0723P | My First Solid Foods | 16/02/2024 | 16/02/2024 | 9:30 AM | 11:30 AM | Fri | Online Course |
| PF3N01723P | Level 3 Award in Paediatric First Aid | 16/02/2024 | 16/02/2024 | 9:30 AM | 4:30 PM | Fri | Sprowston Diamond Centre |
| PF3W00623P | Level 3 Award in Paediatric First Aid | 17/02/2024 | 17/02/2024 | 9:30 AM | 4:30 PM | Sat | South Lynn Community Centre |
| FLEBB0023P | Fun First Aid for All the Family | 19/02/2024 | 19/02/2024 | 1:00 PM | 3:00 PM | Mon | Attleborough Library |
| FLEBS0023P | Fun First Aid for All the Family | 19/02/2024 | 19/02/2024 | 10:00 AM | 12:00 PM | Mon | Thetford Library |
| FLEBN1123P | Slow Cooking for Families | 28/02/2024 | 27/03/2024 | 9:15 AM | 10:45 AM | Wed | West Earlham Infant School |
| FLEBB1423P | Sensory Play | 29/02/2024 | 21/03/2024 | 10:00 AM | 11:30 AM | Thu | Dereham Library |
| FLEBB1523P | Sensory Play | 29/02/2024 | 21/03/2024 | 1:00 PM | 2:30 PM | Thu | Wymondham Library |
| PF3W00723P | Level 3 Award in Paediatric First Aid | 01/03/2024 | 01/03/2024 | 9:30 AM | 4:30 PM | Fri | South Lynn Community Centre |
| PF3N01823P | Level 3 Award in Paediatric First Aid | 02/03/2024 | 02/03/2024 | 9:15 AM | 4:15 PM | Sat | Sewell Park Academy |
| PF3N01923P | Level 3 Award in Paediatric First Aid | 06/03/2024 | 07/03/2024 | 6:00 PM | 9:00 PM | Wed Thu | Sewell Park Academy |
| PF3B00623P | Level 3 Award in Paediatric First Aid | 09/03/2024 | 09/03/2024 | 9:30 AM | 4:30 PM | Sat | Thetford Library |
| PF3N02023P | Level 3 Award in Paediatric First Aid | 15/03/2024 | 15/03/2024 | 9:30 AM | 4:30 PM | Fri | Sprowston Diamond Centre |
| PF3W00823P | Level 3 Award in Paediatric First Aid | 16/03/2024 | 16/03/2024 | 9:30 AM | 4:30 PM | Sat | South Lynn Community Centre |
| PF3T00423P | Level 3 Award in Paediatric First Aid | 23/03/2024 | 23/03/2024 | 9:30 AM | 4:30 PM | Sat | Merchant's Place Cromer |
| PFEN00223P | Level 3 Award in Emergency Paediatric First Aid | 23/03/2024 | 23/03/2024 | 9:15 AM | 4:15 PM | Sat | Sewell Park Academy |