

Autumn Winter Menu 2023/24 – Week One
13 Nov, 04 Dec, 1 Jan, 22 Jan, 12 Feb, 04 Mar, 25 Mar

Scarning Primary



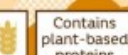
WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Macaroni Cheese	Chicken & Indian Lentil Tikka Masala Curry & Rice	Yorkshire Pudding with Beef & Vegetable Mince & Roast Potatoes	Pork Sausage Roll & Baked Wedges	Fish Fingers & Chips
Planet Friendly Option	Mexican Bean & Roasted Vegetable Burrito	Cheese & Tomato Pizza & Wedges	Quorn Sausage Casserole with Yorkshire Pudding	Cheese & Onion Pastry Roll & Baked Wedges	Mediterranean Vegetable Pasta Bake
Vegetables	Mixed Vegetables	Peas	Carrots, Seasonal Greens	Baked Beans Sweetcorn	Baked Beans, Peas
Packed Lunch Option	Sandwich or Roll with Cheese, Ham or Tuna Mayonnaise with Carrot Sticks or Cucumber Sticks and choice of either Dessert of the Day, Fruit or Yoghurt				
Baked Jacket Potatoes	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans
Dessert of the Day, Yoghurt or Fresh Fruit	Homemade Apple Sponge Cake	Oaty Flapjack Finger	Homemade Vanilla Sponge & Custard	Fruit Jelly	Chocolate Shortbread

Autumn Winter Menu 2023/24 – Week Two
30 Oct, 20 Nov, 11 Dec, 08 Jan, 29 Jan, 19 Feb, 11 Mar, 01 Apr

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Loaded Cheesy Bean Hot Pitta Parcel	Hearty Pasta Bolognaise with Peppers	Toad in the Hole, Roast Potatoes & Gravy	Mexican Style Chicken & Bean Burrito	Fish Fingers & Chips
Planet Friendly Option	Homemade Cheese & Tomato Pizza & Wedges	Plant-based Bolognaise Pasta with Lentils, Peppers & Basil	Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy	Homemade Macaroni Cheese	Cheese & Onion Pastry Roll & Chips
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Veg	Baked Beans, Peas
Packed Lunch Option	Sandwich or Roll with Cheese, Ham or Tuna Mayonnaise with Carrot Sticks or Cucumber Sticks and choice of either Dessert of the Day, Fruit or Yoghurt				
Baked Jacket Potatoes	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans
Dessert of the Day, Yoghurt or Fresh Fruit	Apple Crumble Slice	Homemade Lemon Cake & Custard	Banana Cake	Chocolate Cookie	Fruity Jelly

Autumn Winter Menu 2023/24 – Week Three
06 Nov, 27 Nov, 18 Dec, 15 Jan, 05 Feb, 26 Feb, 18 Mar, 08 Apr

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Macaroni Cheese	Smoky Barbeque Chicken Meatballs & Rice	Roast Chicken Roast Potatoes & Gravy	Beef Mince Chilli & Rice	Fish Fingers & Chips
Planet Friendly Option	Quorn Sausage & Bean Loaded Hot Pockets	Plant-based Mince & Lentil Cottage Pie	Quorn Sausage, Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza & Wedges	Cheese & Onion Pastry Roll & Chips
Vegetables	Sweetcorn	Mixed Vegetables	Carrots, Seasonal Greens	Peas, Sweetcorn	Baked Beans, Peas
Packed Lunch Option	Sandwich or Roll with Cheese, Ham or Tuna Mayonnaise with Carrot Sticks or Cucumber Sticks and choice of either Dessert of the Day, Fruit or Yoghurt				
Baked Jacket Potatoes	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans	Jacket Potato with choice of either Tuna Mayonnaise or Cheese & Beans
Dessert of the Day, Yoghurt or Fresh Fruit	Chocolate Banana Cake	Oaty Flapjack Finger	Homemade Chocolate Sponge & Custard	Lemon Drizzle Cake	Homemade Shortbread



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.